

4th Annual Safe Patient Handling Conference



A G E N D A

Monday, *October 4, 2010*

9:30-11:30

Upstate Medical Center Tour - Special registration is required for this tour. Cost is \$10.00. which will include a \$5.00 gift card to Tim Horton's and round trip travel from and to the Holiday/Liverpool. Seating is limited. To register see conference registration form or for more details contact Carmela Sarcinelli at Sarcinelli.carmela@dol.gov.

You will see four different patient room styles including rooms with:

- Straight track
- Tracks leading to bathroom
- Bariatric room tracks and
- Physical therapy gym with ceiling track

8:30-11:30

Pre Conference Workshop – Special registration required for this workshop. Cost is \$20.00. To register see conference registration form or for more details contact Carmela Sarcinelli at sarcinelli.carmela@dol.gov.

This workshop will provide training and education in Safe Resident/Patient Handling Terminology, Human Anatomy, Understanding Body Mechanics what they can do and cannot do, and Injury Prevention. You will be able to identify the signs and symptoms of Muscular Skeletal Disease (MSD) and Cumulative Trauma Disorders (CTD). Most importantly you will begin to learn the tools necessary to work as part of a high performance SPH Ergonomics team that can solve problems and implement new processes and practices.

This workshop is the first of seven OSHA Safe Patient Handling modules. Together, WNYCOSH and NYCOSH have received a grant from OSHA to produce all the modules. You will be among the first to take this workshop. Each module builds on the one before, so you gain knowledge and experience by completing all seven workshops. They will prepare you to help your facility or organization to implement comprehensive safety and health programs and Safe Patient Handling Programs.

10:30-11:30

Conference Registration (For those not attending pre-conference sessions)

11:30-12:00

Welcome, Safe Patient Handling in New York State - Facilitator- Maureen Cox, Director, New York State Department of Labor, Division of Safety and Health.

Update of Safe Patient Handling activities in New York will be presented including:

- Kaleida Health - System-Wide Safe Patient Handling Program
- Demonstration projects in Western New York
- Pilot Projects in Downstate New York
- NYS Veterans Homes at Batavia and Oxford
- SUNY at Buffalo Safe Patient Handling Training Center
- NYCOSH - SPH Initiatives
- Legislative Update

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AGENDA - Monday, October 4, 2010 continued

- 12:00-1:00 Lunch
- 1:15-2:15 **Safe Patient Handling – Don't Forget to Laugh** - Paula Pless, EES, Director, Safe Patient Handling and Movement, Injury Prevention Specialist, Workforce Safety, Kaleida Health.
- I ask you when in life does humor not help? I challenge you to tell me that you have never had the urge to laugh your tail off at the worst possible time. I have come to learn that healthcare workers have the best sense of humor and are some of the funniest people. When we find humor in a challenge we are more energized, accepting and more open to the challenge and to the changes that are required to get through that challenge. Seriously this is not funny we are killing ourselves and each other and convincing everyone that manual lifting can be done safely. I got a good one for you "bend with your knees, keep your back straight, stand with a wide base of support and wear a brief" "Soon your internal organs will be on your sneakers"! If you don't find the humor on your facilities journey toward new evidenced-based SPH philosophy, you are going to use foul language!
- Learning Objectives:
- Participants will learn to laugh even if they fake it.
 - Participants will recognize the humor in their own screw ups.
 - Participants will be able to share real stories where they forgot to laugh.
 - Participants will learn and demonstrate strategies on how to win the team over and positively influence others.
- 2:15-2:30 Break
- 2:30-3:30 **Lets Clean Up the Mess and Assess** - Robert Guest, MSPT, Coordinator of Safe Patient Handling and Movement and Injury Prevention, Kaleida Health.
- The lack of consistent patient assessment has led to confusion among healthcare workers during patient handling and moving tasks. Implementing of a standard decision tool and proper choice of equipment will reduce the risk of injuries for both your patients and staff. Break ground and plant the seed to grow a decision tree for safe patient handling in your facility.
- 3:30-4:30 **Developing and Implementing a SPH Training Program** - Valerie Beecher, MS, Ergonomic Specialist, Upstate University Hospital.
- This general session will discuss the steps taken to develop and implement of one hospital's Safe Patient Handling (SPH) Training Program. Specific points will include goals and components, format and materials, funding, equipment, space, participants, registration, and retraining. Challenges, lessons learned and future plans will also be touched on. Participants should be able to take back information to apply to the SPH training programs in their facilities.
- 5:00-7:00 **Exhibitor Reception** – Visit with exhibitors to see the newest technology, products and services related to safe patient handling. Network with peers while enjoying a selection of hearty appetizers and cash bar. Safe Patient Handling awards will be announced. Be sure to nominate someone from your facility for a chance to win the first annual Safe Patient Handling Advocacy Award. E-mail your nomination to sph@newyork.usa.com. For more information go to Award Nomination page.

Tuesday Agenda continued next page



Tuesday, October 5, 2010

7:30-8:00

Continental Breakfast

8:00-9:00

Break-Out Sessions (Choose 1):

1. Changing the Principles of Patient Handling in Acute Care and Long Term Care with Evidence-Based Safe Patient Handling Practices using Full Mechanical Lifts and Sit/Stand Technology.

Paula Pless - EES, Director, Safe Patient Handling and Movement, Injury Prevention Specialist, Workforce Safety, Kaleida Health

Robert Guest-MSPT, Coordinator of Safe Patient Handling and Movement and Injury Prevention, Kaleida Health

Melissa Rowland-RN, PTA, SPH Trainer, WYNCOSH

Justine Napoleon-PTA, Kaleida Health

Hands-On-Demonstration using full mechanical lift and sit/stand technology to provide care, treatment, exercise, positioning and transfers in Acute Care and LTC settings.

2. We Want You Back! Workers' Compensation and the Role of Return to Work Programs

Stephen Levin MD., Medical Director, New York State Workers' Compensation Board

How much faster can employees return to work when returning to a workplace with a Safe Patient Handling program? What do Return-to-Work Programs involve? How does this benefit the employer and the worker? Dr. Levin will give an overview of the most recent changes to NYS Workers' Compensation, and the role of Return-to-Work plans in Safe Patient Handling programs.

3. Home Healthcare Workers: A Vulnerable Population

Esther Murray, RN, COHNS, Assistant Director, Clinical Services, Prism Medical.

Home Health represents one of the most difficult settings in which to promote safe patient handling. While home health agencies see significant numbers of injuries, they are able to hire a replacement. The family caregiver is irreplaceable and often is hurt before the family looks for assistive devices. SPH Facility Champions need to be aware of the patient handling challenges in this unique work setting. Often, hospital facilities implement a well-integrated program in the hospital proper, yet overlook the caregivers in their home health departments. Being aware of these patient challenges will give rise to provision of assistive devices to family caregivers as well as home health workers. Hospital discharge planners, as well as home health agencies need to be aware of the dangers present to the home care giver, and need an assessment plan in place.

9:00-10:00

Break-Out Sessions (Choose 1):

1. Changing the Principles of Patient Handling for Rehabilitation with Evidence-Based Safe Patient Handling Practice.

Paula Pless, Robert Guest, Melissa Rowland, Justine Napoleon

Hands-On Demonstration using Safe Patient Handling equipment for facilitative modalities and goals.

2. Cutting Workers' Compensation Costs-

Cindy Bush-BS OT, Risk Management Consultant, Bailey, Haskell & LaLonde, Inc.

Learners will be able to identify the need for an analysis of their facilities Workers' Compensation losses to assist in building the business case for SPH. During the session you will be able to identify what WC data will be effective in planning the budget and training needs of a SPH program. You will understand how coding claims will assist you in identifying and supporting SPH program needs.

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3. Linking Safe Patient Handling to Quality and Patient Safety-

Casey Hammerle, MS, RN, NP, CBN Clinical Nurse Specialist for Quality & Patient Safety, University Hospital, Syracuse NY

Quality and patient safety have become a major focus of health care in the recent past. These are not new concepts however, they are being considered in new dimensions. Patient safety is now being measured using new quality indicators. The learners will be asked to consider the drivers of quality and critical success factors that lead to assurance of patient safety within the acute health-care setting. Many safe patient handling programs offer institutions opportunities to improve patient outcomes and work towards meeting quality goals. Come see how one hospital used took this opportunity to shine.

10:00-10:30 Break

10:30-12:00 **Break-Out Session (Choose 1):**

1. Lateral Injury: Identification and Prevention-

Luana Reeves, RN, MSN, Director of Staff Development and Patient Education, Crouse Hospital
Crouse Hospital identified lateral movement of patients as a significant cause for injury. I will cover the approach to understanding the problem and action steps to implement a successful injury reduction program.

2. Labor Management Partnerships – Key to Safe Patient Handling Success

Labor/Management staff from New York State Veterans' Home at Batavia will discuss their partnership in building and sustaining a successful Safe Resident Handling Program.

3. Changing the Principles of Transferring and Moving Individuals in Residential and Community Settings Using Evidence-Based Best Practices

Melissa Rowland, Justine Napoleon, Megan Huberty Coville, MS OT, Safe Transfer & Movement Specialist, Ulster Greene ARC

Hands-On-Demonstration using full mechanical lift, sit/stand and other technology to provide care, treatments, exercise, positioning and transfers in residential and community settings with special emphasis on individuals with exceptional needs.

12:00-1:00 Lunch

1:00-1:45 **Break-Out Session (Choose 1):**

1. Safe Patient Handling Principles for Rehab

Paula Pless, Robert Guest, Melissa Rowland, Justine Napoleon

2. Purchasing SPH Equipment

Kelly Hartman, Purchasing Associate, SUNY Upstate Medical University, Speaker from State Office of General Services pending.

Discussion will focus on best practices in procurement including the American Bar Association guidelines for solicitation of bids and procurement in general, research resources for availability and pricing, negotiation tips and tactics. The peculiarities of procurement for New York State agencies and the use of state contracts will be highlighted.

3. Conducting Individual and Environmental Assessments in Group Homes and Home Care

Melissa Rowland, Justine Napoleon, Esther Murray

Special focus on how to conduct individual and environmental assessments before choosing correct technology will be discussed. Consideration will be given to group home, home care, and community settings.

AGENDA - Tuesday, October 5, 2010 continued

1:45-2:30

Break-Out Session (Choose 1)

1. Changing the Principles of Patient Handling for Bariatric Population with Evidence-Based Safe Patient Handling Practices

Paula Pless, Robert Guest

Hands-On-Demonstration using full mechanical lift, sit/stand and other technology to provide care, treatments, exercise, positioning and transfers with bariatric individuals.

2. Help Is On the Way - The Pole of the Occupational Health Clinic Network

Michael Lax MD., Medical Director, Central New York Occupational Health Clinical Center

Dr. Lax will introduce participants to the occupational Health Clinic Network and will discuss how it can be an important partner in helping workers avoid injury, or to have a safer return to work. Discussion will include examples of how jobs may be modified and what care injured workers may need to recover more fully and completely to have a successful return to work.

3. Vehicle Transporting Demonstrations using Mechanical Lifting Technology

Melissa Rowland and Justine Napoleon

Hands-on demonstration of technology used to assist individuals when entering or exiting motor vehicles.

2:30-3:45

Safe Patient Handling Programs throughout New York State - Panel discussion with facilities in various stages of implementing SPH programs.

Speakers to be announced.

3:45-4:00

Wrap Up

Maureen Cox